



# THE SOUTHERN GOURMET

“Where Southern Meets Gourmet”

## Catering Trays

Catering Venue

**Southern Garden Events**

9101 Monroe Rd. Suite 120

**Southern Gourmet Café**

9101 Monroe Road Suite 110

Charlotte, NC 28270

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Delicious ideas for the busy hostess!

Guests coming over, no time to cook?  
Planning an office celebration??

Let The Southern Gourmet put something scrumptious on the table.  
This menu is for the busy host needing to pull a party, luncheon or corporate event together in a hurry.

All of the menu items on this menu are either warm & serve or just set out & enjoy & will serve a small group or a crowd.

When full service catering is just too much this is the perfect stop to fill your table with fresh seasonal creative dishes that your guests will surely enjoy.

Please allow us two business days to create your special order. However we have a bounty of fresh dishes on hand daily for immediate pick up.

Minimum order for delivery, \$250.00

Please let us know if you need set ups such as plates, forks & napkins.

As well as serving utensils or warming chafers

Standard Black: .50 per guest/ Clear: 75 per guest

Disposable China: 2.00 per guest

Warming Chafers: 12.00 each

Serving Utensils: .50 each

The Southern Gourmet is a 100% Tran's fat free restaurant & catering company dedicated to using the freshest ingredients, buying local & organic meats & produce whenever possible.

**The Southern Gourmet takes great care in handling your food safely,  
Keeping hot foods hot & cold foods cold.**

**Please do not leave cooked foods at room temperature for more than 2 hours or  
Outdoors during high temperatures for more than 1 hour.**

**Your heat at home items will come with heating instructions.**

**We do not recommend heating in the microwave.**

**The Southern Gourmet is not responsible for the quality of foods  
that are improperly heated or held.**

We look forward to working with you & making your catering experience a most enjoyable and successful one. If you need to pick up catering outside our business hours we will be happy to make an appointment with you.

The Southern Gourmet



Please visit our **Catering Menu** for Full Service Catering needs.  
Also visit our **Family Meals & Dinner Party Menu** for Dinner Catering that's  
Easy to order & pick up.  
Or visit Southern Garden Events to view our Garden themed Banquet Venue.

## **CATERING TRAYS SERVED WARM**

We will send instructions for items that need to be Heated in your oven, or we can deliver hot & ready to eat.

Cape Fear Cocktail Crab Cakes with Dill Caper Sauce

- 2 doz... 96.

Sweet Chili Chicken wrapped in Bacon

- 2 doz... 38.

Bacon Wrapped Beef Tenderloin

- 2 doz.... 54.

Hunter Meatballs in Cabernet Sauce

75 ct. serves 15-20...30. / 150 ct. serves 20 -40...59.

Picante Meatballs

75 ct. serves 15-20...30. /150 ct. serves 20 -40...59.

Stuffed Mushroom Caps

Sausage & Mozzarella - 2 doz.... 50.

Turkey & Spinach - 2 doz.... 50.

Cape Fear Crab 1 doz. ... 38.

Spinach & Parmesan Truffles

- 2 doz.... 36.

Warm Spinach & Artichoke Dip

With House Made Chips - Serves 20 - 25... 58.

French Bread Wrapped Brie

With Brown Sugar, Pecans & Cranberries - Serves 10 – 35.

Warm Sausage & Cheese Dunk

With House Made Chips - Serves 20... 58.

Warm Sherried Tide Water Crab Dip

With House Made Chips - Serves 15– 75.

Tiny Twice Baked Potatoes

- 2 doz. 36.

Creole Chicken Cakes with Remoulade

-2 doz....54.

Baked Ricotta with Lemon & Herbs

Served with Crostini

Serves 18 – 20...59.

Baked Goat Cheese with Caramelized Onions & Figs

Serves 18 – 20...71.

Please visit our Family Meals & Dinner Party Menu for warm dinner options.

## CATERING TRAYS SREVED CHILLED

We can have these trays waiting for you to pick up or we can deliver.

Hand Made Deviled Eggs or Deviled Ham Eggs... 1 doz... 9.50

Parmesan Asparagus Wrapped in Filo... 2 doz...38.

BBQ Shrimp with Remoulade Dipping Sauce... 50 pc - 95.

### Skewers – 2 doz. Minimum of each

Grilled Moroccan Chicken with Peanut Sauce – 1.99 each  
Fresh Mozzarella & Grape Tomato with Balsamic Drizzle – 1.79 each  
Antipasto Kebabs with Greek Olive Oil Drizzle – 1.99 each  
Seasonal Fruit & Cheese Skewer – 1.79 each  
Grilled Chipotle Shrimp & Pineapple, Southwest Sauce - 2.49 each  
Watermelon, Manchego & Rosemary Ham Brochettes – 1.99 each  
Maple Roasted Brussels Sprout & Prosciutto – 1.79 each  
Mexican Fruit Skewer with Chili Drizzle...1.79 each

### Drunken Shrimp Cocktail

Cooked in Beer & Old Bay with cocktail sauce - 50 pc... 95.

### Cheese Tortes: Small serves 20 – 30/ Large serves 60 - 100

~Spicy Southwest ~Artichoke & Feta ~Ham & Asparagus ~Tomato Basil ~BLT  
- Small - 40. - Large - 50.

Boiled Peanuts – 24. Serves 30 - 40

Deviled Ham & Chili Cheese Ball – Serves 10...23.

Crudités - Fresh Seasonal Veggies & Dip - Serves 20 – 25...35.

### Grilled Summer Vegetable Platter

with Balsamic Drizzle - Serves 25 ...75.

### Fresh Seasonal Fruits & Berries with Yogurt Dip

Serves 25...49.

### Import & Domestic Cheese Tray

Served with Water Crackers - Serves 20 – 25...95.

### Antipasto Platter

Cured meats, olives, roasted peppers, peperoncini, artichoke hearts, grape tomatoes, Vinaigrette... Serves 20 – 25...85.

### Heirloom Caprice Platter

Heirloom tomatoes, fresh mozzarella, EVOO, Balsamic drizzle & Fresh Basil... Serves 20 25...85. (seasonal)

### Pineapple Caprice Platter

Hand cut pineapple, fresh mozzarella, EVOO, Balsamic Drizzle & Fresh Basil... Serves 20 -25...75

### Watermelon Antipasto

Fresh watermelon, Feta Cheese, Rosemary Ham, Mint, Pignoli Nuts, EVOO & Balsamic Drizzle...Serves 20 – 25...79, (seasonal)

### Pear, Apple, Gorgonzola & Honey Platter

Serves 20 – 25...79 (seasonal)



### FANCY COCKTAIL SANDWICHES

- Beef Tenderloin with Tiger Sauce – 39.00 doz.
- Cubanos – 31.00 doz.
- Smoked Turkey Ruben – 31.00 doz.
- Sweet Potato Biscuit & Ham with Apricot Mustard – 27.00 doz.
- Sweet Potato Biscuit & Turkey with Marmalade Mayo – 27.00 doz.
- Meatloaf on Parker House roll with Tomato Jam – 31.00 doz.
- Rosemary Mini Muffins with Smoked Ham & Fresh Peaches – 27.00 doz.
- Orange Mini Muffins with Smoked Turkey & Cranberry – 27.00 doz.

### LUNCHEON PETITES

- Smoked Turkey & Pepper Jack -36. Doz.
- Angus Roast Beef & Cheddar – 37. Doz.
- Black Forrest Ham & Swiss – 36. Doz.
- Smoked Pork Tenderloin & Havarti – 36.doz.

### MARKET SALAD CROISSANTS

- Homemade Ham Salad – 36. Doz.
- Southern Egg Salad – 36. Doz.
- Vineyard Chicken Salad - 36. Doz.

### FINGER SANDWICHES

- Pimento Cheese, Egg Salad or Ham Salad – 15. Doz.
- Roasted Chicken Salad – 15. Doz.
- Herb Boursin & Cucumber – 15. Doz.
- Vegetable Cream Cheese – 15. Doz.
- Smoked Salmon & Dilled Cheese – 18. Doz.
- Pineapple Pecan Cream Cheese – 15. Doz.

### HOMEMADE DIPS, SPREADS & SALADS

- Country Potato Salad...6.99 lb.
- Cranberry Almond Cole Slaw...2.99 per guest
- Homemade Ham Salad...8.99 lb.
- Southwest Cole Slaw...2.59 per guest
- “Our Famous” Pimento Cheese...8.99 lb.
- Fresh Fruit Salad...7.99 lb.
- Chicken Salad Du Jour...7.99 lb.
- Homemade Tomato Jam...8.99 lb.
- Homemade Lemon Hummus...8.99 lb.
- New Orleans Shrimp & Corn Salad...10.99 lb. (serves 4-6)
- Southwest Bow Tie Pasta Salad...2 lbs. 15. (serves 8)
- Caesar Pasta Salad...2 lbs. 16. (serves 8)
- Sicilian Pasta Salad...2 lbs. 16. (serves 8)
- Pasta Potato Salad...2 lbs. 15. (serves 8)
- Mango & Black Bean Salsa...6.99 lb.
- Dirty Martini Dip...8.99 lb.
- Caramelized Shallot Dip...8.99 lb.
- Beer Cheese Spread...9.99 lb.
- Buffalo Chicken Dip...8.99 lb.
- Pineapple Pecan Cream Cheese Spread...7.99 lb.

- Butter Crackers – 4.99 box      Water crackers – 3.99 box
- House Made Chips – 4.99 per ½ lb.

Some items above may require a 2 day notice. Call for availability.

## DESSERTS

Life is Sweet!

Cappuccino Brownies...24. Doz.

Port Wine - Cherry Brownies...20. Doz.

Sweet Potato Brownies... 18. Doz.

Ambrosia Macaroons...9. Doz. – gluten free

Key Lime Cheesecake Bars...22. Doz.

Espresso Shortbread Cookies...13. Doz.

Bourbon Pecan Tartlets...12. Doz.

German Chocolate Macaroons...12. Doz.

OMG Bars:

Bite Size...15. Doz. / Dessert Size...24. Doz.

Wellness Cookies...9. Doz.

Grand Mariner Sandwich Cookies...27. Doz.

Cranberry Oat Bars:

Bite Size...15. Doz. / Dessert Size...24.

Classic Petite Cannoli...24. Doz.

Lemoncello Cannoli...24. Doz.

Homemade Moon Pies...35. Doz.

Peanut Butter Energy Bars...24. Doz. – gluten free

Homemade Cupcakes:

Please visit our Sugar Rush menu for flavors.

Mini Cupcakes – 18. Doz.

Catering Size Cupcakes – 24. Doz.

Dessert Size Cupcakes – 34. Doz.

Carolina Dirt Bombs

(our homemade doughnuts)...18.doz.



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