



# THE SOUTHERN GOURMET

“Where Southern Meets Gourmet”

## Family Meals and Dinner Parties Menu

Café open Monday – Friday 11:30 – 3:00

All other times by appointment.

9101 Monroe Road Suite 110

Charlotte, NC 28270

TELE: 704.849.7646

Southern Garden Events

9101 Monroe Road Suite 120

southerngourmet@windstream.net

## BEFORE DINNER APPETIZERS

We will send instructions for items that need to be heated in your oven.

### Stuffed Mushrooms

Sausage & Mozzarella -2 doz. 50.  
Turkey & Spinach – 2 dozen 50.  
Cape Fear Crab Stuffed – 1 doz. 38.

Cape Fear Cocktail Crab Cakes with Dill Caper Sauce...2 dozen 96.

Parmesan Asparagus Wrapped in Filo...2 dozen – 38.

BBQ Shrimp with Remoulade... 50 pc. 95.

Spinach & Parmesan Truffles...2 dozen 36.

Sweet Chili Chicken wrapped in Bacon...2 dozen – 38.

Beef Tenderloin Wrapped in Bacon...2 dozen – 54.

Hand Made Deviled Eggs or Deviled Ham Eggs... 9.50 dozen

Hunter Meatballs in Cabernet Sauce...75 ct. serves 15-20 - 30.

### Southern Spread Trio

Pineapple Pecan, Ham Salad, Pimento Cheese & Crackers  
Half pound of each, Serves 15 – 20.

### Cocktail Cookies

Apricot Tarragon, Rosemary Almond, Chocolate Cayenne, Espresso Chip  
6.99 Dozen

Dirty Martini Dip - 8.99 lb.

Caramelized Shallot Dip – 8.99 lb.

Drunken Shrimp Cocktail – 50 pc. 95.

Antipasto Platter – serves 20 – 25...85.

Heirloom Caprice Platter (seasonal)– serves 20 -25...75.

### French Bread Wrapped Brie

With Brown Sugar, Pecan & Cranberries  
Serves 10 – 35.

Deviled Ham & Chili Cheese Ball – serves 10...23.

Import & Domestic Cheese Tray – serves 20 – 25...95.

Baked Ricotta with Lemon & Herbs/ Crostini – serves 18 – 20...59.

Baked Goat Cheese with Caramelized Onions & Figs – serves 18 – 20...71.

Warm Craft Beer & Sausage Cheese Dunk & Chips – serves 20 – 58.

Sherried Tidewater Crab Dip – serves 15 – 75.

## **FAMILY MEALS & DINNER PARTIES MENU**

Allow Southern Gourmet to assist with your dinner time & dinner party cooking.

We can prepare it all or add an entrée or side dish to your table.

The numbers below are minimums, we can prepare for any size party.

### Entrée's

- Classic Meat Lasagna - serves 12-16...45.
  - Roasted Vegetable Lasagna - serves 12-16...45.
  - Fresh Spinach & Red Bell Pepper Stuffed Chicken - serves 6...36.
  - Balsamic Braised Chicken - serves 6...32.
  - Cape Fear Crab Cakes with Dill Caper Sauce...9.99 each
  - Charleston Shrimp & Grits – serves 6...45.
  - Sicilian Chicken with Penne Pasta – serves 6 ...32.
  - Fire Grilled Baby Back Ribs – 3 bones ea. Serves 6 – 45.
  - Beef Burgundy – serves 6...45.
  - Grilled Chicken Tips with Vegetables – 6...32.
  - Bourbon Pecan Pork Loin – serves 6... 40.
  - Homemade Chicken Pot Pie–10”serves 4-6...18.  
or 9x13” pan serves 10-12...32.
  - Sweet Italian Sausage & Ziti – serves 12-16...35.
  - Lemon Salmon Piccata – serves 6...55.
  - Turkey & Spinach Stuffed Shells – serves 6... 36.
  - Meat or Vegetable Lasagna Roll Ups – serves 6 – 30.
  - Gourmet Turkey Meatloaf – serves 6 – 8...28.
  - Vidalia Chicken with Caramelized Onions – serves 6...32.
  - Smokehouse Pulled Pork BBQ – serves 6...38.
  - Mesquite Grilled Chicken with Grilled Vegetables – serves 6...35.
  - Pork Tenderloin Marsala – serves 6...40.
  - Mediterranean Shrimp Scampi – serves 6...45.
  - Center Cut Salmon Bruschetta (seasonal)– serves 6...55.
  - Beer Braised Chicken with Bacon & Vegetables – serves 6...34.
  - Charleston Shrimp & Stone Ground Grits – serves 6...45.
  - Asiago Chicken with Red Bell Pepper Sauce – serves 6...36.
  - Braised Chicken with Artichokes, Tomatoes & White Wine – serves 6...36.
  - Classic Chicken Marsala – serves 6...35.
  - Orange Piccata Chicken – serves 6...35.
  - Chicken Bruschetta – serves 6...35.
  - Roast Angus Beef with Pan Sauce – serves 6...Market
  - Cuban Pork with Black Beans & Chimichurri – serves 6...40.
  - Brazilian Chicken & Shrimp – serves 6...43.
  - Five Spice Pork with Warm Ginger Slaw – serves 6...40.
  - Classic Beef Braciola – serves 6...Market
  - Turkey Stuffed Cabbage Rolls – serves 6 – 38.
  - Sausage Stuffed Bell Peppers – serves 6...32.
  - Fire Grilled BBQ Chicken – serves 6...32.
  - Carved Ham with Cranberry Couli – serves 6...36.
- Seeded Yeast Rolls...7.50 dozen    Yeast Rolls...6.50 dozen  
Cheddar Corn Muffins...7.00 dozen

### Vegetables & Casseroles

- Skillet Corn - serves 10...30.
- Sautéed Summer Squash & Tomatoes – serves 10...30.
- Country Green Beans – serves 10...25.
- Grilled Seasonal Vegetables – serves 10...34.
- Marsala Glazed Carrots – serves 10...26.
- Baby Limas in Herb Cream Sauce – serves 10...33.
- Buttermilk Mashed Potatoes – serves 10...34.
- Steakhouse Twice Baked Potatoes – 4.50 each
- Homemade Macaroni & Cheese - 10”...18. / 9”x13” pan...32.
- Bourbon Mashed Sweet Potatoes – serves 10...30.
- Broccoli Casserole – 9 x 13 pan...35.
- Sweet Potato Soufflé - 9”x 13” pan... 35.
- Vidalia Onion Casserole – 9 x 13 pan...35.
- Tuscan Macaroni & Cheese - 10”...19. / 9”x13” pan 33.
- Fresh Collard Greens with Smoked Turkey – serves 10...35.
- Cowboy Baked Beans – serves 10...25.
- Shallot Ricotta Mashed Potatoes – serves 10...33.
- Summer Squash Casserole-serves – 9 x 13 pan...34.
- Sugar & Spice Apples – serves 10...30.
- Tangerine Rice – serves 12...30.
- Hot Potato Salad – 9 x 13 pan...35.
- Brussels Sprouts with Bacon & Cream – serves 10...35.
- Sautéed String Beans & Tomatoes – serves 10...32.
- Citrus Mashed Sweet Potatoes – serves 10...30.
- Super Sweet Corn with Basil Butter – serves 10...29.
- String Beans with Shallot Butter...- serves 10...35.

### Gourmet Salads

- Gourmet Fruit & Nut Salad – 2.50 per guest
- Classic Spinach Salad – 2.50 per guest
- Tuscan Caesar Salad – 2.50 per guest
- Organic Garden Salad – 2.25 per guest
- Cranberry Almond Coleslaw – serves 2.99 per guest
- Country Potato Salad – 6.99 lb.
- Seasonal Fresh Fruit Salad – 7.99 lb.
- Pasta Salad du Jour – 7.99 lb.

Family Meals & Dinner Parties do not include set ups or service ware.

Please let us know if we should include them.

Standard Plates & Utensils - .50 per guest

Disposable China – 2.00 per guest

Warming Chafers & Fuel 12.00 each

Serving utensils .50 each

~Please inform us about food allergies, preferences, & personal tastes when ordering.

~ Allow our chefs 24 hours to shop for & prepare your selections.

~Heating instructions will be included with your order.

~If there is something you like that's not on our menu we will be happy to price it for you.

~Our team of creative chefs will be happy to prepare your favorites.

## DESSERTS

### **Life is Sweet!**

Celebration Cakes available in all sizes & flavors.  
On our Sugar Rush Menu.

Cappuccino Brownies...24. Doz.

Port Wine - Cherry Brownies...20. Doz.

Sweet Potato Brownies... 18. Doz.

Ambrosia Macaroons...9. Doz. – gluten free

Key Lime Cheesecake Bars...22. Doz.

Espresso Shortbread Cookies...13. Doz.

Bourbon Pecan Tartlets...12. Doz.

German Chocolate Macaroons...12. Doz.

#### OMG Bars:

Bite Size...15. Doz. / Dessert Size...24. Doz.

Wellness Cookies...9. Doz.

Grand Mariner Sandwich Cookies...27. Doz.

#### Cranberry Oat Bars:

Bite Size...15. Doz. / Dessert Size...24.

Classic Petite Cannoli...24. Doz.

Lemoncello Cannoli...24. Doz.

Homemade Moon Pies...35. Doz.

Peanut Butter Energy Bars...24. Doz. – gluten free

#### Homemade Cupcakes:

Please visit our Sugar Rush menu for flavors.

Mini Cupcakes – 18. Doz.

Catering Size Cupcakes – 24. Doz.

Dessert Size Cupcakes – 34. Doz.

#### Carolina Dirt Bombs

(our homemade doughnuts)...18.doz.

Fresh Baked Scones...12. Doz.

Jamaican Spice Coffee Cake...35. serves 30 guests

Cocktail Cookies: 6.99 Doz.

Rosemary Parmesan, Apricot Tarragon,

Espresso Chip, Chocolate Cayenne

Blue Cheese & Walnut Short Breads...7.99 Doz.

Cheddar Cheese Short Breads...6.99 Doz.

Seasonal Fruit Cobblers...35.

Homemade Bread Puddings...30.

Chocolate Dipped Strawberries...Market

Visit our Sugar Rush Menu for more desserts.