



THE SOUTHERN GOURMET

“Where Southern Meets Gourmet”

Catering Trays

Catering Venue

Southern Garden Events

9101 Monroe Rd. Suite 120

Southern Gourmet Café

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Delicious ideas for the busy hostess!

Guests coming over, no time to cook?
Planning an office celebration??

Let The Southern Gourmet put something scrumptious on the table.
This menu is for the busy host needing to pull a party, luncheon, or
corporate event together in a hurry.

All of the menu items on this menu are either warm & serve or just set
out & enjoy & will serve a small group or a crowd.

When full service catering is just too much this is the perfect stop to fill
your table with fresh seasonal creative dishes that your guests will
surely enjoy.

Please allow us two business days to create your special order. However, we
have a bounty of fresh dishes on hand daily for immediate pick up.
Minimum order for delivery, 250.00

Please let us know if you need set ups such as plates, forks & napkins.
As well as serving utensils or warming chafers
Standard Black: .50 per guest/ Clear: 75 per guest
Disposable China: 2.00 per guest
Warming Chafers: 12.00 each
Serving Utensils: .50 each

The Southern Gourmet is a 100% Tran's fat free restaurant & catering company
dedicated to using the freshest ingredients, buying local & organic meats
& produce whenever possible.

**The Southern Gourmet takes great care in handling your food safely,
Keeping hot foods hot & cold foods cold.**

**Please do not leave cooked foods at room temperature for more than 2 hours or
Outdoors during high temperatures for more than 1 hour.**

Your heat at home items will come with heating instructions.

We do not recommend heating in the microwave.

**The Southern Gourmet is not responsible for the quality of foods
that are improperly heated or held.**

We look forward to working with you & making your catering experience
a most enjoyable and successful one. If you need to pick up catering
outside our business hours we will be happy to make an appointment with you.

The Southern Gourmet



Please visit our **Catering Menu** for Full Service Catering needs.
Also visit our **Family Meals & Dinner Party Menu** for Dinner Catering that's
Easy to order & pick up.
Or visit Southern Garden Events to view our Garden Themed Banquet Venue.

CATERING TRAYS SERVED WARM

We will send instructions for items that need to be Heated in your oven, or we can deliver hot & ready to eat.

Cape Fear Cocktail Crab Cakes with Dill Caper Sauce

54. doz. – 2 doz. Minimum

Hand Made Salmon Cakes with Dill Caper Sauce

49. doz. – 2 doz. Minimum

Sweet Chili Chicken wrapped in Bacon

21. doz. – 2 doz. Minimum

Hunter Meatballs in Cabernet Sauce

75 ct. serves 15-20...45. / 150 ct. 85.

Picante Meatballs

75 ct. serves 15-20...45. / 150 ct. 85.

PB&JMeatballs

75 ct. serves 15 – 20...45/ 150 ct. 85.

Stuffed Mushroom Caps

Sausage & Mozzarella - 2 doz.... 50.

Turkey & Spinach - 2 doz.... 50.

Crab- 2 doz... 98.

Spinach & Parmesan Truffles

16. doz. – 2 doz. Minimum

Warm Spinach & Artichoke Dip

With House Made Chips – 3.59 per guest

French Bread Wrapped Brie

With Brown Sugar, Pecans & Cranberries - Serves 10 – 48.

BAKE IN YOUR HOME OVEN

Warm Sausage & Cheese Dunk

With House Made Chips - 3.99 per guest

Warm Sherried Tide Water Crab Dip

With House Made Chips - 5.99 per guest

Tiny Twice Baked Potatoes

19. doz. – 2 doz. minimum

Baked Goat Cheese with Caramelized Onions & Figs

4. per guest

Craft Beer Cheese Fondue

Served with House Made Chips – 3.99 per guest

Please visit our Family Meals & Dinner Party Menu for warm dinner options.

CATERING TRAYS SREVED CHILLED

We can have these trays waiting for you to pick up or we can deliver.

Hand Made Deviled Eggs or Deviled Ham Eggs...1 doz...15. / 17.

Parmesan Asparagus Wrapped in Filo...21. Doz.

BBQ Shrimp Cocktail with Remoulade Dipping Sauce...30. doz.

Skewers – 2 doz. Minimum of each

Grilled Moroccan Chicken with Peanut Sauce... 2.50 each

Caprice with Basil & Balsamic Drizzle... 1.99 each

Antipasto Kebabs with Greek Olive Oil Drizzle...2.50 each

Seasonal Fruit & Cheese Skewer...1.99 each

Grilled Chipotle Shrimp & Pineapple with Southwest Sauce... 2.99 each

Watermelon, Manchego & Rosemary Ham Brochettes... 1.99 each

Maple Roasted Brussels Sprout & Prosciutto... 1.99 each

Taco Skewers with Salsa Ranch...1.99 each

Pizza Skewers with Pizza Sauce Dip...2.25 each

Chef's Salad Skewer with Blue Cheese Dressing...2.25 each

Drunken Shrimp Cocktail

Cooked in Beer & Old Bay with cocktail sauce...30. Doz.

Cheese Tortes: Small serves 20 – 30/ Large serves 60 - 100

~Spicy Southwest ~Artichoke & Feta ~Ham & Asparagus ~Tomato Basil ~BLT ~
Pimento Cheese ~ Pear & Gorgonzola
- Small - 40. - Large - 50.

Deviled Ham & Chili Cheese Ball – 2.99 per guest

Crudités - Fresh Seasonal Veggies & Dip - Serves 20 – 25...35.

Grilled Seasonal Vegetable Platter

with Balsamic Drizzle - Serves 25 ...75.

Fresh Seasonal Fruits & Berries with Yogurt Dip

Serves 25...49.

Import & Domestic Cheese Tray

Served with Water Crackers - Serves 20 – 25...95.

Antipasto Platter

Cured meats, olives, roasted peppers, peperoncini, artichoke hearts, grape tomatoes, Vinaigrette... Serves 20 – 25...85.

Heirloom Caprice Platter

Heirloom tomatoes, fresh mozzarella, EVOO, Balsamic drizzle & Fresh Basil... Serves 20 25...79. (seasonal)

Combo Fruit & Cheese Trays

Small – 12” - \$35.99/ Medium 16” - \$54.99/ Large 18” – \$79.00
Serves – 12 – 16 16 – 24 24

Watermelon Antipasto

Fresh watermelon, Feta Cheese, Rosemary Ham, Fresh Mint, Pignoli Nuts, EVOO & Balsamic Drizzle
Serves 20 – 25...79. – (seasonal)

FANCY COCKTAIL SANDWICHES

- Beef Tenderloin with Tiger Sauce... 42. Doz.
- Cubanos...33. Doz.
- Smoked Turkey Ruben... 32. Doz.
- Sweet Potato Biscuit & Ham with Apricot Mustard... 32. Doz.
- Sweet Potato Biscuit & Turkey with Marmalade Mayo... 32. Doz.
- Meatloaf on Parker House roll with Tomato Jam... 32. Doz.
- Rosemary Mini Muffins with Smoked Ham & Fresh Peaches... 32. Doz.
- Orange Mini Muffins with Smoked Turkey & Cranberry... 32. Doz.

LUNCHEON PETITES

- Smoked Turkey & Pepper Jack...42. Doz.
- Angus Roast Beef & Cheddar... 45. Doz.
- Black Forrest Ham & Swiss... 42. Doz.
- Smoked Pork Tenderloin & Havarti...45. Doz.

MARKET SALAD CROISSANTS

- Homemade Ham Salad – 40. Doz.
- Southern Egg Salad – 39. Doz.
- Vineyard Chicken Salad - 42. Doz.

FINGER SANDWICHES

- Pimento Cheese, Egg Salad or Roasted Chicken Salad – 16. Doz.
- Ham Salad or Vineyard Chicken Salad – 17. Doz.
- Herb Boursin & Cucumber – 17. Doz.
- Vegetable Cream Cheese – 16. Doz.
- Smoked Salmon & Dilled Cheese – 19. Doz.
- Pineapple Pecan Cream Cheese – 16. Doz.

HOMEMADE DIPS, SPREADS & SALADS

- Country Potato Salad...7.99 lb.
- Cranberry Almond Cole Slaw...2.99 per guest
- Homemade Ham Salad...9.99 lb.
- Southwest Cole Slaw...2.59 per guest
- “Our Famous” Pimento Cheese...8.99 lb.
- Fresh Fruit Salad...7.99 lb.
- Chicken Salad Du Jour...8.99 lb.
- Homemade Tomato Jam...4.99 – ½ lb.
- Homemade Lemon Hummus...8.99 lb.
- New Orleans Shrimp & Corn Salad...12.99 lb. (serves 4-6)
- Southwest Bow Tie Pasta Salad...7.99 lb. (2 lb. min.)
- Caesar Pasta Salad... 7.99 lb. (2 lb. min.)
- Sicilian Pasta Salad...7.99 lb. (2 lb. min.)
- Pasta Potato Salad... 8.99 lb. (2 lb. min.)
- Mango & Black Bean Salsa...6.99 lb.
- Dirty Martini Dip...8.99 lb.
- Caramelized Shallot Dip...8.99 lb.
- Beer Cheese Spread...9.99 lb.
- Buffalo Chicken Dip...9.99 lb.
- Pineapple Pecan Cream Cheese Spread...8.99 lb.

- Butter Crackers – 4.99 box Water crackers – 3.99 box
- House Made Chips – 4.99 per ½ lb.

Some items above may require a 2-day notice. Call for availability.
See our catering menu for sandwich trays.

DESSERTS

Life is Sweet!

Cookies, Brownies & Bars

- Cappuccino Brownies...24. doz.
- Key Lime Cheesecake Bars...22. doz.
- Carolina Dirt Bombs...18. doz.
- Assorted Shortbreads...15. doz.
- Bourbon Pecan Tartlets...15. doz.
- Petite Italian, Limoncello or Pumpkin Spice Cannoli...24. doz.
- Ambrosia Macaroons... 12. doz. (gluten free)
- Wellness Cookies...12. doz.
- Sweet Potato Brownies...16. doz.
- Cheesecake Brownies – Mini 12. Doz. / Large: 22. doz.
- Port Wine Cherry Brownies...20. doz.
- Cranberry Oat Bars...Mini – 15. / Large - 24. doz.
- Soft Ginger Snaps...12. doz.
- Dessert Cheese Ball...18. ea. (serves 10)
- OMG Bars...Mini - 15. doz. / Large - 24. doz.
- Death by Chocolate Cookies...12. doz.
- Grand Mariner Sandwich Cookies... 27. doz.
- Peanut Butter Energy Bars...24. doz.
- Mini Cheesecakes...27. Doz.
- Carolina Dirt Bombs...18. Doz.
- Chocolate Dipped Strawberries...Market

Homemade Cupcakes

Please visit our "Dessert" menu for flavors, frostings & fillings

- Mini Cupcakes – 19. Doz.
- Catering Size Cupcakes – 34. Doz.
- Dessert Size Cupcakes – 42. Doz.

Retro

- Hand Made Fig Newtons...35. doz.
- Oatmeal Cream Pies...30. doz.
- Mini Moon Pies...35. doz.

Shortbreads

- Cocktail Cookies: 7.99 Doz.
- Rosemary Parmesan, Apricot Tarragon,
Espresso Chip, Chocolate Cayenne
- Blue Cheese & Walnut Short Breads...8.99 Doz.
- Cheddar Cheese Short Breads...7.99 Doz.
- Celebration Cakes available in all sizes & flavors.

Please visit our "Dessert Menu" for more options.