



THE SOUTHERN GOURMET

“Where Southern Meets Gourmet”

Family Meals and Dinner Parties Menu

Café open Monday – Friday 11:00 – 3:00

All other times by appointment.

9101 Monroe Road Suite 110

Charlotte, NC 28270

TELE: 704.849.7646

Southern Garden Events

9101 Monroe Road Suite 120

BEFORE DINNER APPETIZERS

We will send instructions for items that need to be heated in your oven.

Stuffed Mushrooms

Sausage & Mozzarella...2 Doz. 50.
Turkey & Spinach...2 Doz. 50.
Cape Fear Crab Stuffed...2 Doz. 98.

Cape Fear Cocktail Crab Cakes with Dill Caper Sauce...2 Doz. 108.

Parmesan Asparagus Wrapped in Filo...21. Doz.

BBQ Shrimp with Remoulade...30. Doz.

Spinach & Parmesan Truffles...2 Doz. 32.

Sweet Chili Chicken wrapped in Bacon...2 Doz. 42.

Hand Made Deviled Eggs or Deviled Ham Eggs... 12. / 15. Doz.

Hunter Meatballs in Cabernet Sauce...75 ct. serves 15-20 - 37.

Southern Spread Trio

Pineapple Pecan, Ham Salad, Pimento Cheese & Crackers
Half pound of each, Serves 15...20.

Cocktail Cookies

Apricot Tarragon, Rosemary Almond, Chocolate Cayenne, Espresso Chip
7.99. Doz.

Dirty Martini Dip...9. lb.

Caramelized Shallot Dip...9. lb.

Drunken Shrimp Cocktail... 27. Doz.

Antipasto Platter, serves 20 - 25...85.

Heirloom Caprice Platter (seasonal), serves 20 -25...75.

French Bread Wrapped Brie

With Brown Sugar, Pecans & Cranberries
Serves 10...39.

Deviled Ham & Chili Cheese Ball...2.99 per guest

Combo Cheese & Fruit Tray, serves 16 -20...54.99.

Baked Goat Cheese with Caramelized Onion and Fig... 4. Per guest

Warm Craft Beer Cheese Fondue & Chips...4. Per guest

Sherried Tidewater Crab Dip, serves 15... 79.

Crudit , serves 20 – 25...35.

Please visit our catering trays menu for more appetizers.

FAMILY MEALS & DINNER PARTIES MENU

Allow Southern Gourmet to assist with your dinner time & dinner party cooking.

We can prepare it all or add an entrée or side dish to your table.

The numbers below are minimums, we can prepare for any size party.

Entrée's

- Classic Meat Lasagna - serves 12-16...48.
 - Roasted Vegetable Lasagna - serves 12-16...48.
 - Fresh Spinach & Red Bell Pepper Stuffed Chicken - serves 6...38.
 - Balsamic Braised Chicken - serves 6...32.
 - Cape Fear Crab Cakes with Dill Caper Sauce...10.50 each
 - Charleston Shrimp & Stoned Ground Grits – serves 6...45.
 - Sicilian Chicken with Penne Pasta – serves 6...36.
 - Fire Grilled Baby Back Ribs – 3 bones ea. Serves 6... 36.
 - Beef Burgundy – serves 6...45.
 - Grilled Chicken Tips with Vegetables – 6...32.
 - Bourbon Pecan Pork Loin – serves 6... 45.
 - Homemade Chicken Pot Pie–10” serves 4-6...18.
 - or 9x13” pan serves 10-12...35.
 - Sweet Italian Sausage & Ziti – serves 12-16...48.
 - Lemon Salmon Piccata – serves 6...58.
 - Turkey & Spinach Stuffed Shells – serves 6... 42.
 - Meat or Vegetable Lasagna Roll Ups – serves 6 – 36.
 - Gourmet Turkey Meatloaf – serves 6 – 8...32.
 - Vidalia Chicken with Caramelized Onions – serves 6...35.
 - Smokehouse Pulled Pork BBQ – serves 6...38.
 - Mesquite Grilled Chicken with Grilled Peppers & Onions – serves 6...35.
 - Pork Tenderloin Marsala – serves 6...40.
 - Shrimp Provencal– serves 6...45.
 - Center Cut Salmon Bruschetta (seasonal)– serves 6...58.
 - Beer Braised Chicken with Bacon & Vegetables – serves 6...34.
 - Kielbasa & Sauerkraut – serves 6...35.
 - Asiago Chicken with Red Bell Pepper Sauce – serves 6...39.
 - Braised Chicken with Artichokes, Tomatoes & White Wine – serves 6...37.
 - Classic Chicken Marsala – serves 6...35.
 - Orange Piccata Chicken – serves 6...35.
 - Chicken Bruschetta – serves 6...35.
 - Roast Angus Beef with Pan Sauce – serves 6...45.
 - Cuban Pork with Black Beans & Chimichurri – serves 6...40.
 - Brazilian Chicken & Shrimp – serves 6...43.
 - Five Spice Pork with Warm Ginger Slaw – serves 6...40.
 - Beef Tenderloin Pepper Steak – serves 6...49
 - Turkey Stuffed Cabbage Rolls – serves 6 – 38.
 - Sausage Stuffed Bell Peppers – serves 6...35.
 - Grilled Prime Beef Filet Mignon (6oz.) ...24. Per guest
 - Fire Grilled BBQ Chicken – serves 6...32.
 - Carved Ham with Cranberry Couli – serves 6...36.
- Seeded Yeast Rolls...7.50 dozen Yeast Rolls...6.50 dozen
Cheddar Corn Muffins...7.00 dozen

Vegetables & Casseroles

- Skillet Corn - serves 10...30.
- Sautéed Summer Squash & Tomatoes – serves 10...30.
- Country Green Beans – serves 10...25.
- Grilled Seasonal Vegetables – serves 10...37.
- Marsala Glazed Carrots – serves 10...30.
- Baby Limas in Herb Cream Sauce – serves 10...35.
- Buttermilk Mashed Potatoes – serves 10...35.
- Steakhouse Twice Baked Potatoes – 4.50 each
- Homemade Macaroni & Cheese - 10” ...19. / 9”x13” pan...35.
- Bourbon Mashed Sweet Potatoes – serves 10...32.
- Broccoli Casserole – 9 x 13 pan...38.
- Sweet Potato Soufflé - 9”x 13” pan... 38.
- Vidalia Onion Casserole – 9 x 13 pan...38.
- Tuscan Macaroni & Cheese - 10” ...19. / 9”x13” pan 35.
- Fresh Collard Greens with Smoked Turkey – serves 10...35.
- Cowboy Baked Beans – serves 10...25.
- Shallot Ricotta Mashed Potatoes – serves 10...35.
- Summer Squash Casserole-serves – 9 x 13 pan...38.
- Sugar & Spice Apples – serves 10...30.
- Tangerine Rice – serves 12...30.
- Hot Potato Salad – 9 x 13 pan...38.
- Brussels Sprouts with Bacon & Cream – serves 10...37.
- Sautéed String Beans & Tomatoes – serves 10...32.
- Citrus Mashed Sweet Potatoes – serves 10...30.
- Super Sweet Corn with Basil Butter – serves 10...29.
- String Beans with Shallot Butter...- serves 10...35.

Gourmet Salads

- Gourmet Fruit & Nut Salad – 3. per guest
- Classic Spinach Salad – 3. per guest
- Tuscan Caesar Salad – 3. per guest
- Organic Garden Salad – 2.50 per guest
- Cranberry Almond Coleslaw – serves 3. per guest
- Country Potato Salad – 3. Per guest
- Seasonal Fresh Fruit Salad – 3. Per guest.
- Pasta Salad du Jour – 3. Per guest

Family Meals & Dinner Parties do not include set ups or service ware.

Please let us know if we should include them.

Standard Plates & Utensils - .50 per guest

Disposable China – 2.00 per guest

Warming Chafers & Fuel 12.00 each

Serving utensils .50 each

~Please inform us about food allergies, preferences, & personal tastes when ordering.

~ Allow our chefs 24 hours to shop for & prepare your selections.

~Heating instructions will be included with your order.

~If there is something you like that's not on our menu we will be happy to price it for you.

~Our team of creative chef's will be happy to prepare your favorites.

DESSERTS

Life is Sweet!

Celebration Cakes available in all sizes & flavors.
On our Sugar Rush Menu.

Cappuccino Brownies...24. Doz.

Port Wine - Cherry Brownies...20. Doz.

Sweet Potato Brownies... 18. Doz.

Ambrosia Macaroons...9. Doz. (gluten free)

Key Lime Cheesecake Bars...22. Doz.

Espresso Shortbread Cookies...13. Doz.

Bourbon Pecan Tartlets...12. Doz.

German Chocolate Macaroons...12. Doz.

OMG Bars:

Bite Size...12. Doz. / Dessert Size...24. Doz.

Wellness Cookies...9. Doz.

Grand Mariner Sandwich Cookies...30. Doz.

Cranberry Oat Bars:

Bite Size...12. Doz. / Dessert Size...24.

Classic Petite Cannoli...24. Doz.

Limoncello or Pumpkin Spice Cannoli...24. Doz.

Homemade Moon Pies...35. Doz.

Peanut Butter Energy Bars...24. Doz. – gluten free

Homemade Cupcakes:

Please visit our Dessert menu for flavors.

Mini Cupcakes – 18. Doz.

Catering Size Cupcakes – 25. Doz.

Dessert Size Cupcakes – 35. Doz.

Carolina Dirt Bombs

(our homemade doughnuts) ...18.doz.

Fresh Baked Scones...12. Doz.

Jamaican Spice Coffee Cake...40. serves 30 guests

Cocktail Cookies: 9. Doz.

Rosemary Parmesan, Apricot Tarragon,

Espresso Chip, Chocolate Cayenne

Blue Cheese & Walnut Short Breads...10. Doz.

Cheddar Cheese Short Breads...8. Doz.

Seasonal Fruit Cobblers...40.

Homemade Bread Puddings...35.

Chocolate Dipped Strawberries...Market

Visit our Dessert Menu for more desserts.